



REPUBLIC OF NAMIBIA



## MINISTRY OF SPORT, YOUTH AND NATIONAL SERVICE (MSYNS)



REPUBLIC OF NAMIBIA

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# (MSYNS)

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## YOUTH FRIENDLY CLINICS

[www.msyns.gov.na](http://www.msyns.gov.na)

## INTRODUCTION

The Youth and Reproductive Health programme mainly responds to young people's sexual and reproductive health needs by increasing young people's knowledge and skills towards adoption of protective sexual behaviours and provision of sexual and reproductive health services. The programme is executed in collaboration with Namibia Planned Parenthood Association (NAPPA) and has culminated in the establishment of Youth Friendly Clinics at various regional ministerial offices.

## CLINICAL SERVICES INCLUDE:

- Family planning services (oral and injections)
- Emergency Family planning (Morning – After Pill)
- HIV testing and counselling
- Ante – Natal Care (ANC)
- Sexual Transmitted Infections (STIs) Screening and Treatment
- Pre and Post Abortion Counselling Services
- Referral services to health facilities

## OUTREACH ACTIVITIES INCLUDE

### INFORMATION ON:

- Life Skills Education
- Comprehensive Sexuality Education
- Condom and Femidom demonstration for correct usage and disposal

## OPERATIONAL HOURS

- Monday – Friday: 08h00 am to 17h00 pm

## CHARGES

- All offered services are free of charge

## WHERE TO FIND US

### **NAPPA Khomas Clinic**

Ongava Street, Okuryangava  
Windhoek

**Tel: +264 61 231 290**

### **MSYNS/NAPPA Clinic**

#### **Eehnana Multi-Purpose Youth Resource Centre**

Dimo Amaambo Street  
Eehnana

**Tel: +264 65 263 991**

### **MSYNS/NAPPA Clinic**

#### **Keetmanshoop Multi-Purpose Youth Resource Centre**

Skool Straat  
Keetmanshoop

**Tel: +264 63 222 901**

### **MSYNS/NAPPA Clinic**

Nkarapamwe location  
Rundu

**Tel: +264 66 267 175**

### **NAPPA Clinic**

#### **NDC Building**

Ngweze  
Katima Mulilo

**Tel: +264 66 254 504**

### **MSYNS/NAPPA Clinic**

#### **Outapi Multi-Purpose Youth Resource Centre**

Isak Pondo Street  
Outapi

**Tel: +264 65 251 076**