



**REMARKS**

**BY**

**THE**

**HONOURABLE AGNES BASILLA TJONGARERO**

**ON THE OCCASION OF THE OFFICIAL OPENING OF THE ANOCA**

**ZONE VI GENERAL ASSEMBLY**

**18 JUNE 2022**

**WINDHOEK, NAMIBIA**

**Your Excellency's**

**Heads of Agencies**

**Heads of Sports Bodies – ANOCA, CGF – Africa, ANOCA Zone VI, National Federations, Athletes,**

**Members of the media**

**Distinguished invited guests**

**Ladies and Gentlemen**

**Let me say all protocol observed as established by the MC**

**Good morning,**

It is indeed my singular honour to be with you this morning, to witness the first ever General Assembly of the Associations of National Olympic Committee of Africa (ANOCA) Zone VI in Namibia let me say welcome to our beautiful land of the brave. I know it's cold but please do enjoy your stay.

NOC's are established to be a mediation and conciliation tool between NOC's and their respective governments. Furthermore, it is a tool that lays the foundation for athletes to become successful sportsman and women.

**Ladies and gentlemen,**

As you are gathered here today, waiting to discuss pertinent matters in relations to our athletes as well as your respective in Committee's please be reminded of your mandate of which is to develop and protect the Olympic movement in the southern Africa region.

Thus it is imperative to work on policy frameworks that are viable, dependable and implementable in our region. Putting structures in place is key performance indicator to ensure that our Zone delivers world class athletes. Therefore, let's challenge ourselves in thinking of ways to better our Zonal performance.

**Ladies and gentlemen,**

Formulating strategies for our athlete's success isn't the only challenges we have as a region, therefore please think of ways to improve our stadiums. As our athletes can only perform better on improved infrastructure. Yes, I know governments forever sing the song of there's no money. However, we all know that governments alone will not be able to do it. Thus, I urge you all to go out there and lobby from different stakeholders to assist governments in improving the necessary infrastructure that our athletes have to utilize.

Development of a robust and appealing strategy that will secure the involvement of the private sector and other key stakeholders to compliment the resource contributions of your respective Governments.

If the lobbying strategy doesn't work let's see how best we can assist each other as a region in cultivating our athletes performance. Let's build our elites by extending a helping hand, by assisting our sister countries in need. Don't get me wrong, I am not saying help for free but at least see how you can meet each other half way, if it has to be for free Garcia's, we will appreciate your efforts.

**Ladies and gentlemen**

Further to improving and assisting our sister countries, capacitating and empowering our administrators as well as our coaches will indeed aid in reaching the targets we have set for our respective countries. Not only do we need administrators and coaches but we need sports psychologists and well as sport

nutritionists for our athletes. As an athlete's state of mind determines his or her performance. To determine their state of mind as well as their physical capabilities.

The primary role of sports medicine physicians in competitive sport is the comprehensive health management of the elite athlete to facilitate optimal performance – the diagnosis and treatment of injuries and illnesses associated with exercise to improve athlete performance. It is a need and not a want so look into it as well.

### **Ladies and Gentlemen,**

While we aim to create a conducive environment for our athletes we shouldn't forget that we need to create opportunities for our umpires, referees and judges to be licensed internally. Not we need to get more umpires, referees, judges that are licensed internationally. Let our international bodies work in improving our standards so our coaches, umpires, referees and judges be recognized internationally and be utilized for international competition.

Advise federations to work closely with their international bodies as they can benefit greatly from equipment's used for competitions or trainings offered for their respective needs as well as funding that they can get for their federations to host events and not only to rely on governments to provide them with funding.

### ***Ladies and Gentlemen***

In conclusion, once again welcome to our beautiful country in which we have a famous saying "*ons kap aan ons kap nie om nie*" in short it says we move on we don't faint even if it's cold only by moving forward will you reach your destination.

Lesson in it is don't deliberate too long on one issue while neglecting the others make informed choices, taking into cognizance that your choices today will have an impact on the athletes.

I wish you successful deliberations.

With this few words I hereby officially open the Associations of National Olympic Committee of Africa's General Assembly.

I thank you.